# **AUGUST 2019**

# The Messenger zion baptist church

"The Church with a history and a future"



# **Running a Marathon**

Several years ago I ran a marathon. There were many lessons learned from that experience where I was able to apply them to my spiritual life. My purpose with this article is to share a few of those lessons in hopes that we may all be challenged in our faith and become better Christians.

**Base**—Any serious runner must have a base of miles in order to be successful with their training and to reach their goal. Without a base of miles, runners will be unable to endure the more challenging workouts and more than likely become injured. In our spiritual life, Christ is our base. He is our cornerstone that keeps us grounded in the truth. Without Christ as our strong foundation we can easily stumble when we experience challenges in our faith.

Training Plan--A runner's training plan gives him a workout schedule to follow and helps keep him accountable and committed to his goal. In our spiritual life we need a training plan that helps keep us accountable and committed to growing in our faith and being the best Christian we could possibly be. Why not put aside some time today to write your own training plan? You may choose to start each day with some personal quiet time with God. You could read a devotion, scripture, and pray. Some may prefer to get outdoors and work in the garden, go for a walk, or even run. Use that time outside to appreciate God's creation and pray for your family, church, and community. Some may choose to set a goal of reading one chapter of Proverbs each day. If we take time to write down our goals, we are more likely to not forget to spend the time needed training our faith.

**Fuel--**The more a person runs, the more he eats. Marathon training requires a lot of running, which turns into a lot of eating. I found myself eating every meal and then adding about 5 more meals a day to in order to have enough energy to keep running. As Christians we need fuel to keep us going. Our fuel is time spent with Christ. Have you ever found yourself so busy you ended up skipping a meal? Many times we are too busy to spend time with Christ, too busy to pray. Make a point each day, especially during the busy times, to stop, rest, and refuel your faith by spending time in prayer.

**Encouragement--**For runners there will come a point when you wonder if you will be able to finish the race. It usually happens when your legs get tired, you still have many more miles to run, and you are at the bottom of a hill wondering how you will make it to the top. All it takes is a few words of encouragement to give you the motivation to finish. As Christians sometimes we are faced with what seems an impossible mountain to climb and we wonder if we can make it. Know we can do all things through Christ who gives us strength. And sometimes we are the ones called to share some encouraging words with others.

Peace and Joy, Matt



# SUNDAY, AUGUST 4TH

SUNDAY SCHOOL - 9:45 AM; WORSHIP - 11:00 AM CHURCH CONSTITUTION REVISION COMMITTEE - 6:00 PM - FELLOWSHIP BUILDING CLEVELAND COUNTY RESCUE MISSION MEAL - 6:00 PM (PROVIDED BY THE YOUNG ADULT S.S. CLASS)

### WEDNESDAY, AUGUST 7TH

ADULT PRAYER MEETING & BIBLE STUDY IN SMALL DINING ROOM - 6:00 PM (ALSO 14TH, 21ST, 28TH CHOIR PRACTICE - 6:45 PM

#### THURSDAY, AUGUST 8TH & 22ND

BUSY HANDS - 1:30 IN SMALL DINING ROOM

# SATURDAY, AUGUST 10TH

Baby Shower for Brittney Horn Gaines, 10:00 am - 12:00 pm, Small Dining Room

### SUNDAY, AUGUST 11TH

Brotherhood Breakfast Meeting - 8:30 - Small Dining Room Deacons Meeting at 6:00 pm - Fellowship Building

### MONDAY, AUGUST 12TH

LIFE LINE SCREENING AT ZION, FAMILY LIFE CENTER, 8:30 - 5:30 PM

#### SUNDAY, AUGUST 18TH

HOMEMADE ICE CREAM SOCIAL & BINGO OUTBACK - 5:30 - 7:30 PM - SMALL DINING ROOM SPONSORED BY THE JOY CLUB

# TUESDAY, AUGUST 20TH

YOUTH LATE-RISER BREAKFAST - 10:00 AM - FAMILY LIFE CENTER





Thank you to everyone who brought backpacks and school supplies or donated money for our July 28th Summer Family Fellowship Outback. Many children will be happy to receive a backpack filled with all the school supplies they will need this year. God bless you for your support of this project!

# **Kitchen Notes**

During the break from regular Wednesday night meals, the Family Life Center kitchen appliances have been cleaned. The shelves and drawers have been organized. While cleaning, we found several pots, baking dishes, trays, etc. which were left during a covered-dish luncheon, a funeral meal, or a family event held in the dining room. These items have been placed on the "Welcome" table at the end of the hall near the elevator outside the gym door. If you are missing any cooking items, please check. They will be there until the end of August. After August 31st, these items will be donated to the Greater Cleveland County Baptist Association.

Thank you to the groups or individuals who have used the kitchen for maintaining the area. If you are using the kitchen and have any questions or problems, please call Iris Spangler at 704-751-1774. You may also call the church office and leave a message on the machine, if necessary. We have visited and worked in kitchen areas of other churches. Zion has a wonderful facility, and I am honored to be asked to serve as church hostess.

Iris Spangler

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# **Deacon Nominations**

In years past Zion Baptist has nominated and elected deacons on two specific Sundays. Usually on the 1st or 2nd Sunday of August those in worship attendance would nominate five people who they believe would be the best deacons for our church. Those nominations would then be contacted and asked if they would be willing to serve as a deacon for the next three years. Once ten individuals have agreed to serve, those names are listed on a bulletin insert and then on the 3rd or 4th Sunday of August, those in worship attendance would nominate five people from the list to serve as deacons. This year we will nominate and elect deacons as we did last year with one modification.

Nomination -- There are two weeks for church members to nominate deacons. Nomination forms/bulletin inserts were made available at church and during Sunday worship on July 28th and through August 4th. Nomination forms can either be placed in the offering plate during our worship service or dropped in several nomination boxes if one chooses to nominate folks during Sunday School. Next, all those nominated will be contacted to see if they are willing to serve as a deacon. Everyone who was nominated and has prayerfully agreed to serve as a deacon will be listed on the deacon election ballot. Those names will be presented to the church on Sunday, August 11th.

**Deacon elections will be on Sunday, August 25th during our worship service.** Our homebound can request a nomination and election form by contacting a deacon or family member.

As we approach the time for our deacon nomination and election process, please prayerfully consider who God is placing on your heart to elect. Also, if you have never served as a deacon, but after prayer may be feeling led to consider this role, feel free to contact any of our deacons or pastor for more information about being a deacon servant leader.

All ladies of the church are invited
To a Baby Shower
For Brittney Horn Gaines
On Saturday, August 10th
From 10:00 am to12:00 pm
Small Dining Room in the Family Life Center
Baby Boy
Registered at Target and Amazon

# August Prayer Requests

# **CHURCH FAMILY**

Barbara Bridges Hal Cabaniss Dick Canipe Sue Dawson Lib Gantt Gary Gragg Jewel Greene Tim Hamrick Tori Horn Dan Hoyle **Bob Ingle** Dale Jackson Kim Lee Dale Mayes Marshall Mayes Mickey Morehead Rachel Proctor Myrtle Sparks

Barbara Wellmon Jessica Wellmon

# **HOMEBOUND**

Dorcas Barbee
Mary Helen Cabaniss
Sue Cabaniss
Gene Cornwell
Veva C. Gold
Bob Horn
Ora Trivett
Billy Wright

### **MISSIONS**

# THOSE IN THE MILITARY OUR FRIENDS AND FAMILY





Dear Zion Family and Friends,

Thank you so much for your loving kindness and attention at the loss of our father. Your many acts of kindness makes Zion a wonderful place to worship and fellowship.

Sincerely, Max Cornwell Family

Dear Zion Church Family,

Thank you for the Mills and Earcie Cornwell and the Lee Cornwell scholarships. I am very grateful to have a supportive church family.

Love, Lawson Harrill

Dear Busy Hands Ministry,

Thank you so much for the knitted black blanket. I appreciate your prayers and all of your support.

Love, Lawson Harrill



- 1 Keith Payne Amanda Hoyle
- 2 Lindsay Albrecht
- 3 Jeanine Rhymes
- 5 June Lail
  Mallory Humphries
  Julie McMurry
- 6 Marshal Mayes
- 7 Larry Aderholdt Cory Metcalfe
- 9 Lynn McSwain
- Pam Goforth
- 11 Beth Hafer
- 12 Rhonda Yarborough
- 16 Kim Aderholdt Kenneth Wellmon
- 18 Lorah Gold
  Bruce Martin
  Casey Metcalfe
  Mickey Morehead
- 19 Maggie Payne
- Joy Hord
  - Lainey Yarboro
- 21 Patrick Fish
- 25 Larry Proctor
- 26 Seth Jackson
- 28 London Cornwell
- 30 Katelyn Tallent Matthew Tallent
- Vanna Wright Haley Cumm

If we have omitted your birthday or anniversary, please contact the church office and we will be glad to add it to our calendar.



- 1st Hal & Martha Cabaniss Matt & Melanie Storie
- 5th John & Sally Barker
- 11th Jim & Tap Ramsey
  Steve & Betsy Boatwright
- 18th Frank & Lynn Ledford
- 21st Jerry & Laura Wellmon
- 27th Tim & June Lail

# Have You Taken Control of Your Health Today?

Life Line Screening will be here at Zion Baptist
Church on Monday, August 12, 2019 offering safe,
painless, non-invasive preventive health screenings that are typically not a part of a routine
physical. To be more proactive about your health
and to live longer for yourself, your family and
your community, please register for these potentially life-saving tests today. You can sign up
while receiving \$10 off any package priced above
\$139. For only \$139 (regularly \$149) you can learn
your risk of having stroke or vascular disease.

# Three ways to register:

- Call toll-free: 866-229-0469
- Online: www.lifelinescreening.com/ communitycircle
- Text: the word circle to 797979

Zion has been given several complimentary Life Line vouchers worth \$70 each. If you would like to use one, please call Wanda in the church office.

# **Ways to Serve This Summer**

**Zion's Summer Family Fellowship Outback**—Join us for a Sunday evening of fun when we meet 'Outback' for food, fun, and fellowship.

August 18th Homemade Ice Cream and Bingo Outback (Sponsored by the JOY Club). 5:30-7:30pm We will meet outback in the Small Dining Room or FLC for delicious Homemade Ice Cream and desserts. (Contact Matt if you are able to bring ice cream or desserts.) Then all are invited to play Bingo for some awesome prizes. (Also contact Matt if you are willing to donate some BINGO prizes such as gift cards, cake, pie, movie tickets, etc.)

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# **Update on Haiti Mission Opportunity**

The children at the orphanage in Menard, Haiti will be wearing brand new boots to school in August!! All twenty-five pairs of boots have been bought, labeled, and taken to Haiti this week. When they were delivered to Mrs. Brice, she praised God. She is super excited for the children and calls the boots "treasures." She says, "Thank you to each person who gave. What a blessing!"

To God be the Glory!

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It's time to plan for the next church year. The nominating committee has already been working, reminding all of us of the many opportunities we have to serve God through our church. A very fulfilling and rewarding service is the care of our young children, giving them a loving and secure experience and giving parents the knowledge that their young ones are well cared for.

Thank you to those who have helped in the nurseries this past year. A special thanks goes to Wanda for sending the reminder cards for nursery duty. We are now working on the list for the coming year. We will have three groups to care for:

Nursery I -- 0 through walking steadily (None enrolled) Nursery II -- walking through 3 years - (One enrolled) Preschool (Children's Church) -- 4 & 5 years old (Six enrolled, plus visitors)

If you have served this past year and wish to remain on the nursery list, you don't have to do anything. If you wish to be added to the list, please contact Iris Spangler at the number below. The pre-school children really enjoy and respond well to men, so we would encourage more males to consider volunteering. It would only be four or five times a year, and this group has no diapers to change. If you are on the list and wish to have your name removed, please contact Iris. You may also call the church office and leave a message with Wanda.

If you have been serving in Nursery I or II and would like to move to Children's Church (the preschool group) or vice-versa, please let Iris or the church office know.

We would like to have a new schedule done by August 31, so if you need to contact us, please do so by August 15. Thank you.

Iris Spangler - home phone 704-751-1774 - email ikspangler@yahoo.com



Financial Update -- We praise God for your support and gifts to Zion. We have had many good weeks of offering totals during the past several months. Each Sunday our budget goal is about \$7,500, and our average weekly gifts have been \$5,500 - \$6,000. Currently, we are about \$17,800 behind budget and \$15,600 behind in meeting

our expenses. As always, staff and church leaders are working to keep expenses low and working to be good stewards of our church resources. As a reminder, during our upcoming summer months when many in our church family will be away, you can mail in your weekly offerings, give online at zbcshelby.org, or use the Easytithe Zion Baptist giving app to support our church ministry budget needs. Thank you for your continued financial commitment to support Zion Baptist Church



We want to send a big "Thank You" to Carol Martin for planning the children's summer activities. Everyone had a great time!

Enjoy the last weeks of your summer vacation! The regular Wednesday evening activities for Orange will begin on September 4th.



**Tuesday, August 20th** - Youth Late-Riser Breakfast 10:00 am, Family Life Center

**Sunday, September 8th** - Youth Kick-Off for Sunday Evening activities, Crud Fight Night - 5:30 pm

# The Messenger "The Church with a history and a future"

# ZION BAPTIST CHURCH

525 West Zion Church Road Shelby, North Carolina 28150

Phone 704-487-8216, website: zbcshelby.org

# **RETURN SERVICE REQUESTED**



# Church Staff

Dr. Matt Storie, Pastor 704-244-0879 pastor@zbcshelby.org Rev. Carson Putnam, Minister of Youth & Children 704-300-8068 carson@zbcshelby.org Carol Martin, Minister of Music cmartinunc86@gmail.com 704-472-8135 Dick Canipe, Custodian 704-482-4179 Jennifer Cabaniss, Pianist 704-481-9212 jenny@zbcshelby.org John Carroll, Organist 704-434-5193 john@zbcshelby.org Wanda Schenkel, Secretary 704-487-8216 secretary@zbcshelby.org

# VIDEO MINISTRY - August

Dean & Jan Jenks

# PRESCHOOL CHURCH

Sunday, August 4th Jenny Harrill

Sunday, August 11th

Iris & Lisa Spangler Sunday, August 18th

Jerry & Laura Wellmon

Sunday, August 25th

Iris Spangler & Amber Canipe

# **HOMEBOUND MINISTRY**

Sunday, August 4th
Vanna Wright
Sunday, August 11th

June Lail

Sunday, August 18th
Tap Ramsey/Sally Barker

Sunday, August 25th Linda Cornwell

### DEACONS OF THE WEEK

Week of August 4th

Franklin Barbee, Leonard Fletcher

Week of August 11th

Kenneth Wellmon, Clyde Gold

Week of August 18th

Dannie Moore, Brad Cornwell

Week of August 25th

Tim Tallent, Jeff Cornwell

### **NURSERY WORKERS**

Sunday, August 4th

Brandon & Lindsay Mays, Caroline Martin

Sunday, August 11th

Melanie Storie, Anita Horn, Marcia Alsobrook

Sunday, August 18th

Ronnie & Kim Blanton, Linda Raynor

Sunday, August 25th

Betsy Boatwright, Anzie Horn, Sandra Cartee

# ANNOUNCEMENTS FROM THE CHURCH OFFICE

The bulletin is printed each week on Thursday Morning. Please forward any announcements, inserts, or prayer requests to the office by 10:00 am on Thursdays for publication the following Sunday.

NEXT CHECK WRITING DATES - AUGUST 13TH & 26TH

DEADLINE FOR SUBMITTING INFORMATION FOR PUBLICATION IN THE SEPTEMBER MESSENGER - AUGUST 28TH

Secretary's Office Hours: Monday - Friday 8:30 am - 1:30 pm

(Please note: Wanda will be out of the office from August 19th through September 4th for surgery & recovery.)