JANUARY 1, 2019

The Messenger zion baptist church

"The Church with a history and a future"



<u>STRESS</u>

Have you ever tried to find a needle in a hay stack? What about looking for your car keys that you just had in your hand? What about that missing sock or shoe under your bed? How 'bout looking for a misplaced bill that is due to be paid and postmarked today?

Sometimes we find ourselves stressing out over something that is missing right when we need it the most. The fact that we need that item five minutes ago makes the search more difficult. The point is that in this fun game we call life, there will be circumstances that happen and bring us stress. The question for all of us to ponder is, 'how are we going to handle the stress?'

The beginning of a new year offers us hope and possibilities, but sometimes the new year can bring us stress (especially when we get the credit card bill from Christmas gifts). This month, most of our youth will be taking their semester ending exams and perhaps have had to deal with some type of stress. Now granted, most teenagers love taking, and if they had their choice would take exams every day! But there are a few youth that at times feel some stress as they prepare for the exams, try to remember everything they learned as they take their exams, and then feel the stressful hope as they await their final grades.

This past week during one of my devotion times, I discovered something about myself and stress. Most of the time the spiritual formula (the way one interacts with God) would be worship, wait, and work. We worship God at church, during our devotion and prayer times, during specific times and places that we set aside for that purpose. Then sometimes we recognize the busyness and stress that is in our lives, so we set aside times to wait, times to be still, to be refueled, and times to rest in God's presence. As Christians, we need the worship and wait times to keep us going; they are important to our spiritual lives and development.

Then we have our work time. This is the time where we do our daily thing, whether it may be school, our job, our family time, basically the day-to-day routine. It is during the busy work time that stress enters our life. I have discovered that because I have already put aside specific times with God, I am not intentional about looking for God during my work times. But if my most stressful times come during work, do I not need God more? Perhaps I am too busy worrying about all the details and stuff to recognize my need for God. Hopefully, you can be challenged as I have to look for God amongst the work and our daily routines. Perhaps if we open our eyes more we can catch a glimpse of God during those stressful and busy times. It may seem like looking for a needle in a hay stack, but it also may help us to find that needle if we give God our work time as well.

Peace and joy to all as we begin this New Year.

God bless, Matt



WEDNESDAY, JANUARY 2ND

ALL REGULAR WEDNESDAY ACTIVITIES CANCELLED

THURSDAY, JANUARY 3RD

Busy Hands Resume - 1:30 in Small Dining Room

SUNDAY, JANUARY 6TH (ALSO 13TH, 20TH, 27TH)

SUNDAY SCHOOL - 9:45 AM; WORSHIP - 11:00 AM
YOUTH SNACK SUPPER - 5:30 PM; YOUTH BIBLE STUDY - 6:00 PM
HOUSE & GROUNDS COMMITTEE - 5:30 PM - FELLOWSHIP BUILDING
DEACONS' MEETING - 6:00 PM - FELLOWSHIP BUILDING
WOMEN'S MINISTRY COUNCIL - 6:00 PM - CONFERENCE ROOM
CLEVELAND COUNTY RESCUE MISSION MEAL - 6:00 PM (PROVIDED BY FAITH S.S. CLASS)

MONDAY, JANUARY 7TH (MONDAYS THIS WINTER RESERVED)

ZION MEN'S BASKETBALL IN FAMILY LIFE CENTER - 7:30-10:00 PM

TUESDAY, JANUARY 8TH (TUESDAY NIGHTS IN JANUARY RESERVED)

YMCA YOUTH BASKETBALL LEAGUE GAMES - 6:00-9:00 PM - FAMLY LIFE CENTER

WEDNESDAY, JANUARY 9TH (ALSO 16TH, 23RD, 30TH)

Wednesday Fellowship Meal Begins at 5:15 pm Children's Choir - 5:40 pm; Orange - 6:00 pm; Youth - 6:00 pm Adult Prayer Meeting & Bible Study in Adult Assembly - 6:00 pm Choir Practice - 6:45 pm; Praise Team Practice - 7:45 pm

SUNDAY, JANUARY 13TH

Brotherhood Breakfast Meeting - 8:30 am - Small Dining Room Constiution Revision Committee - 6:00 pm - Conference Room

MONDAY, JANUARY 14TH

HOMEWORK CLUB - 5:30-7:45 PM

SATURDAY, JANUARY 19TH

CHILDREN'S SNOW TUBING AT JONAS RIDGE

SUNDAY, JANUARY 27TH

STAFF APPRECIATION DAY & COVERED DISH MEAL



Upcoming Sermon Series -- When You're AT the End of Your Rope

"When Elijah saw how things were, he ran for dear life to Beersheba, far in the south of Judah. He left his young servant there and then went on into the desert another day's journey. He came to a lone broom bush and collapsed in its shade, wanting in the worst way to be done with it all—to just die: 'Enough of this, God! Take my life—I'm ready to join my ancestors in the grave!'" I Kings 19:3-4

It is here we find Elijah—tired, depressed, ready to quit—at the end of his rope! Someone who, just days before, had been so strong, healthy, and vibrant, is now a stressed-out, burned-out shell of a prophet. "Have you ever collapsed under a proverbial broom bush? Tired? Stressed? Burned out? Depressed? Ready to give up? The good news is that Elijah's despair and burn out are not the end of the story. The fact is, Elijah eventually recovered. Over the next six weeks, we are going to look at Elijah's journey from burnout to balance. We will explore those steps that God led Elijah to follow on his journey toward wholeness. Six steps that can help us either overcome burnout, or even prevent it altogether.

January 6 "You deserve a Break Today" - Elijah took some time off. Every person needs to take a break, to withdraw from the battle, and to recover and regroup. It may not sound very spiritual, but Elijah's first step toward renewal was simply to stop and take some time off.

January 13 "She Treats Her Body like a Temple" - Elijah took care of his body. If you look carefully at this text, you will see that Elijah slept, ate, and exercised. Stewardship of the body is critical to becoming whole again.

January 20 "Silence is Golden" - Elijah found strength from God. Regardless of how strong we may think we are, no one is truly self-sufficient. We all need spiritual resources and disciplines in our daily lives.

January 27 "I Get By With a Little Help from My Friends" - Elijah got help from others. Elijah realized that he could not go at it alone. Needing help, he enlisted the support of another prophet named Elisha. In order to be whole, all of us need help from our friends.

February 3 "Put On a Happy Face" - Elijah adjusted his attitude. In this story Elijah was far too negative. He said "Lord, I'm the only faithful person in Israel." God said, "Elijah, your math is off by thousands. Quit being so negative, see the positives, and adjust your attitude."

February 10 "Shower the People" - Elijah returned to service. After being renewed physically, spiritually, relationally, mentally, and emotionally, Elijah went back to service. And in his service he found further healing.



Haiti Mission Trip Lunch Fundraiser Sunday, January 6th

(After Worship - Family Life Center)

Hostess: Jane Cooper

Menu: Roast beef, mashed potatoes, salad, roll and dessert
All monies raised will go to support our mission trip on March 3 - 7.
Monetary donations can be used to purchase food for the children or to sponsor a child monthly.

January Prayer Requests

CHURCH FAMILY

Dick Canipe
Sue Dawson
Mike Falls
Gary Gragg
Jewel Greene
Tim Hamrick
Betty Hendrick
Bob Ingle
Dale Jackson
Kim Lee
Dale Mayes
Marshall Mayes

Thomas & Christian McSwain Dannie Moore

Mickey Morehead
Larry Proctor
Rachel Proctor
Randy & Linda Raynor
Barbara Reynolds
Lisa Spangler
Myrtle Sparks
Jessica Wellmon

HOMEBOUND

Dorcas Barbee
Mary Helen Cabaniss
Sue Cabaniss
Gene Cornwell
Max Cornwell
Veva C. Gold
Bob Horn
Barbara Maloney
Ora Trivett
Billy Wright

MISSIONS

THOSE IN THE MILITARY
OUR FRIENDS AND FAMILY

WORDS TO PONDER AS WE BEGIN A NEW YEAR WITH JESUS

Draw Nigh to the Manger -- "Glory to God in the highest, and on earth peace to men on whom His favor rests." Luke 2:14

Christmas Day has come and gone. The world settles back down into rhythm. The parties are over. The sweet memories are packed away. The Baby has entered the world; love renewed in the hearts of many. Did you get close enough to the manger to see anything? Or did you stay a "safe distance away from it? Were you just worshipping from afar, traditions and familiarity creating a "good feeling" temporarily, and now in the afterglow, there is a longing? Come back to the stable. Enter, now the crowds have gone. Now it is just the Baby and you. Peep in and adore Him. Worship this Child, Who came into this world to save us from our sins. Realize the boundaries He had to endure to gain your attention. Let your gratitude wash over you and spill out in praise. In this holy place, God will fill your heart with peace. Don't miss the blessing of the nativity. He became like us so we could know and love Him. Don't rush away. Linger in His presence.

Touch His soft cheek. Trace His brow. Let His fingers curl around yours. Dare to pick Him up and hold Him against your chest. Feel His breath and His heartbeat. Remember what He endured for you. The thorns tore His brow. His hands were nailed to the crucifixion cross. He now holds you against His chest. His breath is the Holy Spirit moving in your heart. And His heartbeat -- you are His heartbeat. His love pulses in regular rhythm, constant and life-giving through your soul. Remember. Remember.

What difference will this encounter make in your life this year? The New Year is just days away. As you step further away from Nativity, back into the hustle and bustle of your normal life, what was imprinted in your heart? Did His love so affect you that you will forever look for people and places to offer His love back to Him? Is His peace so engraved in your mind that, from this day on. Your serenity will be unshakable? Has His joy transformed your attitude so that it will last past the long, dark nights of winter and the cold reality of each new morning? Did the promise you saw in that Infant's face give you hope that will really last your lifetime? Will you glorify and praise God for all the things you have heard and seen this Advent season? "Joy to the World, the Lord has come," is more than just a song. It is a life choice. What did you expect? It is not too late to receive your blessing from Christ that will forever change your perspective. Ask.

Reflection: What blessing did you receive that will last this year, perhaps through eternity?

Begin the New Year in Sunday School with a community of believers, worshipping the Savior. See you there!



- 1 **Brittney Horn**
- 2 Danny Gold
- 3 Miranda Bumgardner
- 4 Jim Hendrick
- Megan Hovle 6 Rachel Harris
- Hayley Hoyle Halsey 7
- Dan Hoyle 10
 - Kendall Sharpe
- Chelsea Hamrick 13
- Thomas Fletcher 14
- 15 Sally Barker Beau Harrill
- Alan Sparks 16 Terri McSwain
- John Barker 17
- 19 Dennis Dorsey
- 22 Jim Cabaniss Myrna Hollifield
- 23 LaDonna Hastings Angela Brooks
- 25 Gary Gragg
- Matt Cornwell 26
- 29 Emerson Bumgardner
- 30 Mindy Humphries
- Martha Cabaniss 31



22ndChris & Barbara Bridges

25th Tommy & Connie Harrill

If we have omitted your birthday or anniversary, please contact the church office and we will be glad to add it to our calendar.



January 9th

Hostesses: Jane Cooper & Tonya Payne, dessert by Lindsay Cornwell Menu: Lasagna, salad, dessert

January 16th

Host: Brad Cornwell Menu: Biscuits, country ham, pintos, white rice, red eye gravy, slaw, onions and dessert.

January 23rd

Hostess: Iris Spangler Menu: Chili beans, roasted potatoes, slaw, corn muffins

January 30th

Hostess: Emily Parker Menu: To be announced

Please make reservation changes by noon on Monday, so we can have an accurate meal count. Thank you.



As of December 31st, our gifts YTD budget were \$398,293.22. We finished the year \$7,053.22 over our budget and \$34,172.29 over our expenses. This was the first year in several years past that FINANCES we have reached our budget. As always, staff and church

leaders are working to keep expenses low and working to be good stewards of our church resources. As a reminder, you can mail in your weekly offerings or give online at zbcshelby.org to support our church ministry budget needs. Thank you for your continued financial commitment to support Zion Baptist Church.

Lyda Poston Circle Meeting

Tuesday, January 8th - 6:30 pm Fellowship Building

The December and January meetings have been combined. We will have soup and sandwiches. Please bring a wrapped \$15 gift to exchange if you want to participate in this activity. We will also use this time to plan our 2019 calendar.

Upcoming Projects for 2019

Haiti Medical and Construction Trip—March 3rd-9th. We will partner with FBC Salisbury to work with Marc Brice and his ministry in Haiti. There are still spaces available for the medical or construction teams if you are interested in serving on this trip.

<u>Community Mission Day – Spring (Church-wide and Partner Churches)</u> This will be the third year of planning this mission project. We typically begin to meet in February to plan the mission projects and host the mission day either the last Saturday of March or the first Saturday of April.

<u>Guatemala Mission Project July 7/13-7/20</u>— This will be sponsored by the youth ministry, but we typically open up the trip to others in the church to help with their mission project. It typically consists of construction projects, VBS with children, working with youth, etc.

<u>Potential Projects</u>: If you are interested in helping serve in the following way, contact anyone on the mission committee or Matt.

<u>Tutor at Schools</u> – (Julie Daves, Middle School BMS, CMS, SMS) 704-472-2886 Mentor, Lunch Buddy, Friend, Encourager, usually 45 minutes a week, not always every week. Also volunteers are needed for test proctoring in May. <u>Bethel Colony Women's drug rehab facility in Lenoir</u>— Bethel Colony recently purchased an older Methodist retreat center and is in the process of renovating the facilities to open a women's drug rehab center. They are currently working on several cabins for the women to stay in and will begin to renovate next year the old conference/dining hall area. The retreat is one hour away.

Cleveland County Rescue Mission Volunteer Needs:

Fund Raisers (hosting, sponsorship, event planning, printing, graphic design)

<u>Chapel Leaders</u> (small group leaders, fathers, mothers, clergy/pastors, teachers, husbands, wives)

<u>Transporting Residents</u> to appointments, school, and work (anyone, retired person, someone who enjoys driving and brief conversations)

<u>Professionals</u> (legal assistance for applicable and pre-screened residents, accountants/financial planners for personal budgeting and life skills training for the homeless)

One-on-One Faith Based Counselors (licensed counselors, counseling and MSW students, pastors, substance abuse counselors of faith)

<u>Medical Services</u> (all nurses and medical professionals, retired nurse or medical professional, medical and nursing students, parish nurses, medical office professionals, to staff on-site clinic)

<u>Life Skills Training</u> (overcomers, life coaches, mentors, parents, teachers, anyone called to disciple others in a walk of faith in Jesus Christ).

Project Needs:

The following projects would be a blessing to CCRM Men's Mission: painting the first floor hallways (they are currently two different shades of "sand") and we'd like to have them all repainted the same color, in that color family; finishing and paining the baseboards of the stairwells with flat, black baseboards; painting the exposed overhead pipes on the first floor. A paper products drive is needed for the mission: paper towels and toilet paper.

Lazarus House: Zion will most likely help with the renovation and possible wiring of this transitional home for the Rescue Mission. They will keep us updated when the project is ready to begin.



ORANGE: It's a new year, so come on out and let's start it off together by having fun, getting to spend time with friends, and learning about Jesus! We will resume Orange activities on Wednesday, January 9th, from 6:00 through 6:45 pm.

SNOW TUBING: Do you like snow? How about having fun with friends? If you answer yes to any of those, then come on out for tubing on January 19th with the ZBC Children's Ministry! Look for the emails and flyers from Carson about tubing. You may contact Carson to sign up to go tubing. We hope to see everyone out there!





This. Changes. Everything. If you want to learn what the Gospel means for your life, then make sure to sign up for the 2019 ZBC Youth Winter Retreat: This Changes Everything! We will travel to Blowing Rock Conference Center from February 1-3 for a weekend of fun, friends, and fellowship. See the coming emails from Carson and/or contact him for more information. Contact Carson to sign up or sign up on the sheet in the youth area.

The Messenger "The Church with a history and a future"

ZION BAPTIST CHURCH

525 West Zion Church Road Shelby, North Carolina 28150

Phone 704-487-8216, website: zbcshelby.org

RETURN SERVICE REQUESTED



Church Staff

Dr. Matt Storie, Pastor 704-244-0879 pastor@zbcshelby.org Rev. Carson Putnam, Minister of Youth & Children 704-300-8068 putnamcarson@gmail.com Carol Martin, Minister of Music cmartinunc86@gmail.com 704-472-8135 Dick Canipe, Custodian 704-482-4179 Jennifer Cabaniss, Pianist 704-481-9212 jenny@zbcshelby.org John Carroll, Organist 704-434-5193 john@zbcshelby.org Wanda Schenkel, Secretary 704-487-8216 secretary@zbcshelby.org

<u>VIDEO MINISTRY</u> - <u>January</u> Emma Harrill

Emma marrin

PRESCHOOL CHURCH

Sunday, January 6th Ben & Jessica Yarboro

Sunday, January 13th

Iris & Lisa Spangler

Sunday, January 20th

Jerry & Laura Wellmon *Sunday, January 27th*

Tonya & Maggie Payne

HOMEBOUND MINISTRY

Sunday, January 6th

Tap Ramsey/Sally Barker

Sunday, January 13th Linda Cornwell

Sunday, January 20th

Vanna Wright Sunday, January 27th

Iune Lail

DEACONS OF THE WEEK

Week of January 6th

Matt Cornwell, Kenneth Wellmon

Week of January 13th

Clyde Gold, Jeff Cornwell

Week of January 20th

Leonard Fletcher, Tim Tallent

Week of January 27th

Brad Cornwell, Todd McMurry

NURSERY WORKERS

Sunday, January 6th

Terri McSwain, Betty Morehead, Iris Spangler

Sunday, January 13th

Beth Cochran, Betty Hendrick, Julie McMurry

Sunday, January 20th

Matt & Lindsay Cornwell, Jane Cooper

Sunday, January 27th

Brandon & Lindsay Mayes, Caroline Martin

IMPORTANT ANNOUNCEMENTS FROM THE CHURCH OFFICE

The bulletin is printed each week on Thursday Morning. Please forward any announcements, inserts, or prayer requests to the office by 10:00 am on Thursdays for publication the following Sunday.

NEXT CHECK WRITING DATES - JANUARY 8TH AND 22ND

DEADLINE FOR SUBMITTING INFORMATION FOR PUBLICATION IN THE FEBRUARY MESSENGER - JANUARY 29TH

Church Office Hours: Monday-Friday 8:00 am - 1:00 pm