

JANUARY 1, 2018

The Messenger

ZION BAPTIST CHURCH

"The Church with a history and a future"



A Gratitude Walk (or run)

As a young boy I remember being taught and reminded often to say thank you. When given a gift, or being invited on a trip with a friend, or simply in response to a compliment, remember to say "thank you." By saying thank you, are we expressing our gratitude?

James Autry in his book, *Choosing Gratitude*, writes "Gratitude doesn't come natural, we have to learn it. We may have been taught to say 'thank you', 'appreciate it', or 'much obliged', but these may only be polite conditioned responses, not gratitude. Learning gratitude is not a social process, but a spiritual process."

When we look at our gratitude from a faith perspective, one can understand how our gratitude and spiritual life go hand in hand. All we have to be grateful for can be attributed to God. We are thankful for our faith, our family, our church family, our health; even in those times when we experience challenges in life, such as a health or family concern, we can be grateful for our God who is real and present with us during the difficult time.

Autry tells of a simple sign hanging in his office that serves as a daily reminder of gratitude that reads, "What You Have Is Enough." He shares a story of going on daily morning walks. He discovered at the end of his walks, instead of being relaxed from the exercise, he was stressed and worried. This was because he would begin his walks after reading the newspaper, and find himself worrying about all the wars, poverty, and negative news that was happening all around. After sharing with his wife about his stressful walks, she suggested for him to start praying as he walked. He began to pray during his morning walks and soon discovered he was no longer worried or stressed when he finished. Autry said this was a positive step for him in his process of learning gratitude. It was during those walks where he was able to ask himself the question, "What I am truly grateful for?" Each daily walk would be a time of prayer and praise for all the things in life for which he was grateful.

Like Autry, I have discovered the positive benefits of a prayer walk (or run). Early in my ministry, I found a way to combine some of my prayer time with my daily run. I would take time on my run to pray for those in my family and church family in need. I would pray for my ministry and God's direction. I would spend time praising God for all the wonderful blessings in my life. Out of those prayers and praises, I was learning gratitude.

As we begin a new year, may we all take time to ponder this question, each day "What am I truly grateful for?" May we allow God to lead and guide us, to bless us during the new year, and to take time to walk and pray and be grateful.

Matt



WEDNESDAY, JANUARY 3RD (ALSO 10TH, 17TH, 24TH, 31ST)

WEDNESDAY FELLOWSHIP MEAL - 5:15 PM
SONSHINE CHOIR PRACTICE - 5:40 PM; HAND BELL CHOIR PRACTICE - 6:00 PM
ORANGE - 6 - 6:45 PM; YOUTH 6-7:00 PM
ADULT PRAYER MEETING & BIBLE STUDY - 6:00 PM - ADULT ASSEMBLY
ADULT CHOIR PRACTICE - 6:45 PM; PRAISE TEAM PRACTICE - 7:45 PM

THURSDAY, JANUARY 4TH (ALSO 11TH, 18TH, 25TH)

BUSY HANDS - 1:30 PM - SMALL DINING ROOM

FRIDAY, JANUARY 5TH

YOUTH WINTER RETREAT AT BLOWING ROCK - JANUARY 5TH-7TH

SATURDAY, JANUARY 6TH

DEACONS' MEETING - 8:30 AM IN SMALL DINING ROOM
WEDDING SHOWER DROP-IN BRUNCH FOR JIM CABANISS & AMBER WESSON, 10:30-12:00, FELLOWSHIP BLDG.

SUNDAY, JANUARY 7TH

SUNDAY SCHOOL - 9:45 AM; WORSHIP - 11:00 AM (ALSO 14TH, 21ST, 28TH)
YOUTH SNACK SUPPER - 5:30 PM; YOUTH BIBLE STUDY - 6-7 PM
CLEVELAND CO. RESCUE MISSION MEAL - 6:00 PM (PROVIDED BY THE HUBERT WELLMON S.S. CLASS)

TUESDAY, JANUARY 9TH

LYDA POSTON SOUP & SANDWICH 2018 PLANNING MEETING - 6:30 PM - FELLOWSHIP BUILDING

SATURDAY, JANUARY 13TH

BABY SHOWER FOR ANDREW & MEGHAN CORLEY - DROP-IN 11:00AM - 1:00 PM - FELLOWSHIP BUILDING
(It's Boy!)

SUNDAY, JANUARY 14TH

BROTHERHOOD BREAKFAST MEETING - 7:30 AM - SMALL DINING ROOM (HUBERT WELLMON COOKING TEAM)

MONDAY, JANUARY 15TH

GOLDEN YEARS CLUB - DINNER AT TOSCANO'S, SHELBY - MEET AT CHURCH AT 5:30 PM

SUNDAY, JANUARY 21ST

STAFF APPRECIATION SUNDAY & COVERED DISH LUNCH

SUNDAY, JANUARY 28TH

BABY SHOWER FOR PATRICK & MATTIE MCMURRY, DROP-IN FROM 2:30 - 4:00 PM, FELLOWSHIP BUILDING
(It's A Boy!)



Note from the Church Office:

A single key was found and also a set of keys were found with an "Ocean Lakes Golf Cars" key ring. If they are yours, please call the church office.



*All ladies of the church are invited to
A Wedding Shower Brunch
To honor Jim Cabaniss and Amber Wesson
January 6, 2018, Drop-in from 10:30 am - 12:00 pm
Zion Fellowship Building
Registered at Target and Walmart
Colors: White, neutrals & black
Style: Farmhouse*

*You are cordially invited to a Baby Shower
For Andrew & Meghan Corley
Hosted by L.I.F.T.
On Saturday, January 13th, 2018
Drop-In from 11:00 am - 1:00 pm
Zion Fellowship Building
Registered at Amazon and Target*





*You are invited to a Baby Shower
For Patrick & Mattie McMurry
On Sunday, January 28th, 2018
Drop-In from 2:30 - 4:00 pm
Colors: Navy & gray
Theme: Whales
It's a Boy!*

**Lyda Poston Circle Soup & Sandwich
Planning Meeting**

**Tuesday, January 9th at 6:30 pm
Fellowship Building**

Golden Years Club

**Dinner at Toscano's in Shelby
Monday, January 15th
Meet at church at 5:30 pm
Everyone is invited!**

January Prayer Requests

CHURCH MEMBERS

Jimmy Baynard Family
Barry Bralley Family
Barbara Bridges
Curtis Cabaniss
Sue Dawson
Pam Fish
Gary Gragg
Jewel Greene
Eddie Harrill
Myrna Hollifield
Dale Jackson
Kim Lee
Dale Mayes
Mickey Morehead
Rachel Proctor
Randy & Linda Raynor
Myrtle Sparks
Steve & Margie Stallings
Josh Wellmon

HOMEBOUND

Dorcas Barbee
JoAnn Cabaniss
Mary Helen Cabaniss
Sue Cabaniss
Gene Cornwell
Veva C. Gold
Ora Trivett

MISSIONS

THOSE IN THE MILITARY OUR FRIENDS AND FAMILY



Dear Zion Baptist Friends,

Thank you for all of the ways you support the Lord's work in Shelby. Your faithful contributions and prayers are much appreciated. Because of your partnership with me, lives are being changed. Recently a 2nd grade girl thanked me for taking her to church so she "can learn about Jesus and God." Last year at this time she had never heard of "Mary and Joseph and Baby Jesus." God bless you as you continue serving Him so faithfully!

Cecilia Beck

Dear Zion Baptist Church,

Thank you so much for providing two Walmart gift cards for two of our own.

The families were overcome with appreciation. Your thoughtfulness and generosity is most appreciated.

Thanks again,

Pam Howell, MSW, Burns High School Social Worker

Dear Zion Friends,

How nice it was to have someone give us both a gift of BBQ for Thanksgiving!

It was a surprise and very much appreciated. God bless you for your kindness.

Love,

Sue Dawson and Myrna Hollifield

Dear Zion,

Thank you for all the kindness shown during this difficult time, but most of all for the prayers extended to our family.

Donnis Baynard & family

Dear Pastor Storie,

Thank you so much for allowing Care Solutions "Harvest of Friends" at the Family Life Center. We have met at Zion for many years and we appreciate your church's graciousness and kindness. We say thank you so much!

Sincerely,

Care Solutions Staff, Anzie Horn, Mg.



- 1 Brittney Horn
- 2 Danny Gold
- 3 Miranda Bumgardner
- 4 Jim Hendrick
- 6 Megan Hoyle
- Rachel Harris
- 7 Hayley Hoyle Halsey
- 10 Dan Hoyle
- 11 Kendall Sharpe
- 13 Chelsea Hamrick
- Keegan McIntyre
- 14 Thomas Fletcher
- 15 Sally Barker
- George Cabaniss
- Beau Harrill
- 16 Alan Sparks
- Terri McSwain
- 17 John Barker
- Sallie Howard
- 19 Dennis Dorsey
- 22 Jim Cabaniss
- Myrna Hollifield
- 23 LaDonna Hastings
- Angela Brooks
- 25 Gary Gragg
- 26 Matt Cornwell
- 29 Emerson Bumgardner
- 30 Mindy Humphries
- 31 Martha Cabaniss

22nd Chris and Barbara Bridges

25th Tommy and Connie Harrill

If we have omitted your birthday or anniversary, please contact the church office and we will be glad to add it to our calendar.



January 3rd

Hostess: Iris Spangler

Menu: Hot dogs with all the trimmings, baked beans

January 10th

Hostess: Jane Cooper

Menu: Meatloaf, mashed potatoes, slaw, peas, roll, dessert

January 17th

Hostess: Emily Parker

Menu: Baked potatoes and salad bar

January 24th

Host: Todd McMurry

Menu: Barbeque

January 31st

Hostess: Iris Spangler

Menu: Soup and sandwich

*It is very helpful to our cooks to let us know if you are coming to a meal and also to know when you have to miss.
Thank you!*

Life Line Screening, a leading provider of community-based preventive health screenings, is pleased to offer a preventive health event at Zion Baptist Church on 2/5/2018. Five screenings will be offered that scan for potential health problems related to: blocked arteries which is a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which is a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke risk; and a bone density screening, for men and women, used to assess the risk of osteoporosis. Register for a Wellness Package which includes 4 vascular tests and osteoporosis screening from \$149 (\$139 with our member discount). All five screenings take 60-90 minutes to complete. **There are three ways to register for this event and to receive a \$10 discount off any package priced above \$129, please call toll-free 1-888-653-6441 or visit <http://lifelinescreening.com/communitycircle> or text the word circle to 797979**

Zion has been given several coupons worth \$70 towards a Life Line Screening. These will be given on a first-come basis. Please call the church office at 704-487-8216.

Church Financial Update

Thank you for your faithfulness and support for Zion Baptist Church. It is through the many offerings of our church family that allow the ministry and work of Zion Baptist to continue within our church family and community. Our Year-to-Date offerings to our general fund were approximately \$347,700.00. Our 2017 Church Budgeted amount was \$387,909.60, leaving us with -\$40,206.50 under budget. However, our Year-to-Date expenses were only \$338,548.69, leaving us with a surplus of \$9,579.41 over expenses.

This past fall we implemented another way to support Zion Baptist through online giving. Through easyTithe, Zion Church family and guests are able to give online, electronically, via three different options. (Giving via webpage online www.zbcshelby.org, smartphone app, Giving kiosk at church) Online giving guides with step by step instructions are available at church or online on our website. *In order to offer the convenience of online giving, there is a 3% fee associated with each gift plus a \$.39 transaction fee. Each donation is credited for 100% of the charitable gift contribution.* Since September, we have received over \$6,000 in contributions through easyTithe.

House and Grounds Update

The House and Ground committee is in the process of receiving and reviewing quotes for our church roof project. Thank you to all who gave towards our Ingathering offering this year to help cover the cost of a new roof.

This month you will notice several trees adjoining our church cemetery being removed. This is necessary to prevent any more damage to our cemetery from the growing roots. There will be smaller trees planted in their place as part of this project.



Join us on Wednesday Evenings for our Winter Bible Study, Sessions with Peter: Discovering God's Encouragement for the Christian Journey. *Peter's audience faced persecution for their faith; he writes them offering encouragement as they face difficulties. Who among us doesn't need encouragement? We could all use more encouragement in faith and lives. Each week you will be given a study guide and questions for spiritual reflection to ponder. We would love to have you take part in this study and discussion. We will meet in the Adult Assembly from 6-6:45pm.*

Living Proof Live Event for Ladies in Boone, NC, March 9th-10th, 2018

Free Tickets Available - Contact Kathi Fletcher or the church office to have a ticket held in your name.



**January 5th - 7th
Winter Retreat at Blowing Rock, NC**

S.N.A.C.

It's time to start a new year of Sunday nights together at church! We will start Sunday Night at Church (S.N.A.C.) again throughout January to kick off the new semester (and 2018!). We will not meet for S.N.A.C. this coming Sunday, January 7th, but will begin to meet again on Sunday, January 14th at 5:30 p.m. for a snack supper followed by Bible study from 6:00-7:00 p.m. We hope to see you there!

Parents' Meeting

Youth parents are invited and encouraged to come on Sunday, January 28th to a parents' meeting at 4:30 p.m. in the small dining room of the Family Life Center to learn about upcoming youth events for the next semester and opportunities to plug in.



Wednesday Night Activities

Children will kick off 2018 with usual Wednesday night activities following the Wednesday evening meals throughout the month of January. Children's activities will begin with the Children's Choir upstairs from 5:45-6:00 and Orange activities for pre-K and K-6 downstairs from 6:00-6:45 p.m. We hope that you and your children will come out and join us on Wednesday nights this month to learn about listening to God and putting His Word into practice!

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ZION BAPTIST CHURCH

525 West Zion Church Road

Shelby, North Carolina 28150

Phone 704-487-8216, website: zbcshelby.org

RETURN SERVICE REQUESTED



Church Staff

| | | |
|---|--------------|--|
| Dr. Matt Storie, Pastor | 704-244-0879 | pastor@zbcshelby.org |
| Carson Putnam, Minister of Youth & Children | 704-300-8068 | carson@zbcshelby.org |
| Carol Martin, Minister of Music | 704-538-9411 | carol@zbcshelby.org |
| Dick Canipe, Sexton | 704-482-4179 | |
| Jennifer Cabaniss, Pianist | 704-481-9212 | jenny@zbcshelby.org |
| John Carroll, Organist | 704-434-5193 | john@zbcshelby.org |
| Wanda Schenkel, Secretary | 704-487-8216 | secretary@zbcshelby.org |

VIDEO MINISTRY - January

Emma Harrill

PRESCHOOL CHURCH

Sunday, January 7th

Jeff & Mary Cornwell

Sunday, January 14th

Miranda & Aubrey Bumgardner

Sunday, January 21st

Jerry & Laura Wellmon

Sunday, January 28th

Tonya & Maggie Payne

HOMEBOUND MINISTRY

Sunday, January 7th

Tap Ramsey/Sally Barker

Sunday, January 14th

Linda Cornwell

Sunday, January 21st

Vanna Wright

Sunday, January 28th

Marcia Alsobrook

DEACONS OF THE WEEK

Week of January 7th

Ronnie Blanton, Kenneth Wellmon

Week of January 14th

Terry Clark, Jeff Cornwell

Week of January 21st

Dean Jenks, Frank Horn

Week of January 28th

Brad Cornwell, Todd McMurry

YOUTH SNACK SUPPER

Sunday, January 7th -

Sunday, January 14th -

Sunday, January 21st -

Sunday, January 28th -

NURSERY WORKERS

Sunday, January 7th

Ronnie & Kim Blanton, Linda Raynor

Sunday, January 14th

Betsy Boatwright, Anzie Horn, Sandra Cartee

Sunday, January 21st

Betty Hendrick, Brenda Wellmon,
Julie McMurry

Sunday, January 28th

Eddie & Jenny Harrill, Becky Dorsey

IMPORTANT ANNOUNCEMENTS FROM THE CHURCH OFFICE

The bulletin is printed each week on Thursday Morning. Please forward any announcements, inserts, or prayer requests to the office by 10:00 am on Thursdays for publication the following Sunday.

NEXT CHECK WRITING DATES - JANUARY 9TH & 23RD

**DEADLINE FOR SUBMITTING INFORMATION FOR
PUBLICATION IN THE FEBRUARY MESSENGER - JANUARY 29TH**

**Church Office Hours: Monday-Friday
8:00 am - 1:00 pm**